

倪子晴 | Tzu-Ching Ni

Email : a0909328088@gmail.com

學歷

- 高雄醫學大學 物理治療學系

經歷

- 美好生活體態調整中心 創辦人

講師／培訓資格

- FKT 動作控制與筋膜動力鍊手法培訓 指導講師
- Comprefloss 亞太地區認證培訓講師

專業認證

- Nature Pilates 皮拉提斯師資培訓認證
- Scolio-Pilates 美國脊椎側彎師資培訓認證
- PNF L1 - L2 培訓認證

Education

- Kaohsiung Medical University, Department of Physical Therapy

Experience

- Founder, Better Life Posture & Wellness Center

Instructor / Trainer Qualifications

- Instructor, FKT Movement Control & Fascial Kinetic Chain (FKT) Manual Technique

Training

- Certified Instructor, Comprefloss (Asia-Pacific Region)

Certifications

- Nature Pilates Teacher Training Certification
- Scolio-Pilates (USA) Scoliosis Teacher Training Certification
- PNF Level 1 - 2 Certification